



YSSN Bulletin

Exciting News—YSSN is Moving!

York Support Services Network is excited to announce that as of June 23rd, 2014, we are moving our Central Program and Administrative offices into our new Aurora location:

**240 Edward Street, Unit 3
Aurora, ON L4G 3S9**

Our telephone numbers will remain the same and our 310-COPE, Markham and Satellite offices will remain in their current locations. *More details will follow...*

Mental Health News

Krasman Centre

Family Support Program

First Sunday and third Tuesday of every month (April 6th and 15th), 7 to 9pm

Family Wellness Recovery Action Plan (WRAP)

Date: May TBD

This is a practical self-help recovery education series focused on :

- gaining control of your own life through self-care and understanding of self-care for your loved one
- gaining a sense of control in the family as a unit
- sharing resources & strategies

Contact Karen Cox @ 905 780 0491 ext. 117

CMHA York Region and South Simcoe

Housing First Program

This program will assist individuals with mental health or addiction issues who are homeless or precariously housed (for 3 months or more), secure and maintain housing. This service is mobile, accessible, voluntary and responsive to client needs.

Contact Sharon Suter @ ssuter@cmha-yr.on.ca for more info.

Mood Disorders Association of Ontario

Climb Your Mountains—Emotional Rescue Peer Support Group

Starting April 7th, 7 to 9pm—Northridge Community Church, Newmarket

A peer support and curriculum based support group that shares knowledge, information and resources in a supportive, confidential environment to help alleviate and overcome the symptoms of your mood disorder

For info call 905 895 6276 or visit <http://www.mooddorders.ca/event/newmarket-peer-support-group>

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Developmental Services News

Autism Ontario—York Chapter Updates

Monday Night Drop-In Program

Sibshops

April 7th, 6:30pm—8:30pm

O.M. MacKillop School, Richmond Hill

Children's Friendship Training

April 2nd to June 4th, 6:30—8:30pm

A social skills intervention for motivated children aged 8 to 12 yrs. Interested in learning ways to find and keep friends.

Loyal True Blue & Orange Home, Richmond Hill

Please go to www.autismontario.com/york for info

Aurora Public Library Presentation

Because Every Human Has Rights

April 17th, 7 pm—Aurora Public Library, Magna Room

An engaging presentation by a survivor of the Orillia institution for "the Mentally Retarded".

Call to reserve your seat, 905 727 9494 ext. 275

York Support Services Network is hosting Resource Drop-In Days

MARKHAM: April 17th (9am to 5pm)
50 McIntosh Dr., Unit 239, Markham, ON

NEWMARKET: April 10th (9am to 5pm)
17565 Yonge St., Unit 5, Newmarket, ON

VAUGHAN: April 22nd (9am to 4pm)
9401 Jane St., 3rd Floor, Suite 14, Maple, ON

Resource Days are offered for parents, caregivers and professionals. YSSN Case Managers are on-site to assist and share information on available Developmental Services programs and services.

For more info contact 905 898 6455 Ext. 2574

Reena

Summer Camp 2014

Camp Reena North—For Ages 7+

Camp Reena South—For Ages 10 to 25 yrs.

9am to 4pm Daily

Weeks starting July 2nd through to August 22nd

Camp activities include bus trips to Wild Water Works, Toronto Beaches, The Toronto Zoo, Adventure Village and much more. Participants will take part in cooperative games, sports, arts & crafts, music cooking & life & social skills.

For info, please visit www.reena.org

Autism Spectrum Disorder Training

A wide range of free , professional and educational workshops available through Kerry's Place Autism Services.

Upcoming Workshops

Intro to Autism/CHAP Orientation—**April 23rd, York**
CHAP Orientation—**May 3rd, Simcoe**

Register at <https://secure.kerrysplace.org/respitetraining>

Kerry's Place Parents Support Group

Third Wednesday of every month, 7 to 9 pm

April 16th, next group

Community Room, 2700 Rutherford Road, Vaughan

Register at <https://kerrysplace.org/Public/Camps-and-Groups>

Community Information

Women's Centre of York Region Mother's Day Victorian Tea

Hosted by Women's Centre of York Region and Rose of Sharon

Sunday, May 4th

1-4 pm, Aurora Cultural Centre

Tickets \$25.00

Traditional sandwiches, desserts, tea, Pianist, door prizes, Auction and mystery bags. *Victorian attire is encouraged!*

Please visit www.wcyr.ca or call Shelley @ 905 853 9270 ext. 107 for info

Enterprising Careers—For women who are unemployed/underemployed.

- Discover employment options that 'fit' your personality
- Build self-confidence as you identify your interests and skills
- 3 hourly group workshops once a week for ten weeks

Newmarket, Markham and Stouffville starting April 2nd.

Fee: Free to participants but orientation required.

Newmarket: Contact Rosemarie @ 905.853.9270 x103 Email: rlawless@wcyr.ca

Markham/Stouffville: Contact Leslie @ 905.853.9270 x206 Email: lschroder@wcyr.ca

Family Services York Region Winter 2014 Groups

Triple P 0-12 • Chinese Triple P 0-12 • Anger Management for Men • Challenge of Anger for Women • South Asian Women's Support Groups • Encouraging Heroes • Transgender Support Group

For program info, program dates and registration fees, please visit www.fsyr.ca or Email groupservices@fsyr.ca

Catholic Community Services of York Region Winter 2014 Groups & Workshops

Focus on Fathers • Reconnecting Fathers • Bridge Group for Women • Newcomer Women's Support Group • Preparing New Parents Program • Parents of Teens • Triple-P in Farsi • Parents and Grandparents Program • Step-Parenting Program • Financial Literacy Workshops • Divorce Care

All programs are offered FREE of charge but registration in advance is required.

For more information, please call 905 770 7040 or 800 263 2075 ext. 241

Hospice Georgina

Music Bingo Night

Hosted by Boston Pizza, Keswick

Monday, May 5th

6 pm, Boston Pizza, Keswick

Tickets \$25.00

A fundraiser in support of Hospice Georgina.

Menu includes Chicken Parmesan/Tuscan Linguini with salad, dessert and coffee/tea/soft drink. Tickets can be purchased at Hospice Georgina or Boston Pizza.

For more information, please call Laurie, 905 722 9333 or visit www.hospicegeorgina.com



Events and Other Important Dates!

Newmarket Public Library

Adult Programs

Computers 101

An introduction to computers for the beginner. Learn about PCs, the difference between software and hardware, popular computer programs and more.

Wednesday, April 9th—2pm to 3pm

Admission: \$2.00 per person

Career Advantage Workshops

Vicki Maguire of Everest College offers workshop participants skills to gain an advantage in their career search.

Networking/Hidden Job Market, April 15th—12:30 to 1:30pm

Portfolio Building, May 20th—12:30 to 1:30pm

Admission: **FREE**

IdeaMarket Presentation

A venue to share ideas with panel discussions, presentations and debates.

Learn more at www.newmarketpl.ca

For more information or to pre-register, please call 905 953 5110 ext. 4770.



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Bereaved Families of York Region

Purse Auction & Jewellery Party

April 9th, 2014, 7 to 10pm

Newmarket Community Centre

200 Doug Duncan Drive, Newmarket

Price: \$25.00 per/person, early bird deadline before March 21st

Please call 905 898 6265 or 1 800 969 6904 for more info or visit www.bfoyr.com



Alzheimer's Society of York Region

Pheasant Run Golf Tournament

May 28th

Pheasant Run Golf Course

18033 Warden Ave., Sharon

12:00pm Shot Gun Start

Registration: \$200.00 per person, \$800.00 for a four-some.

Register online @ www.alzheimer.ca/york



About YSSN

Established in 1982, York Support Services Network (YSSN) is a community-based social service agency that offers a comprehensive range of programs and services to support individuals and their families struggling with the challenges of a developmental disability or serious mental illness.

YSSN is a non-profit organization funded by the Ministry of Health and Long-Term Care, the Ministry of Community and Social Services and the Ministry of Children and Youth Services. There is no fee for our services.

"A Meaningful Life: Relationships, Community, Well-Being."