



YSSN Bulletin

Mental Health News

The Provincial Human Services and Justice Coordinating Committee presents HSJCC: The Changing World from Youth to Elderly in Human Services & Justice

A forum of sharing innovation and best practice, networking and training. The keynote speakers will be representing individuals with lived experience, forensic mental health, and mental health and the Justice System.

To register, please call 1 866 655 8548 or email sherry@innovative4you.com

Bell Let's Talk

National Campaign on January 28th, 2014

On January 28, 2014, Bell will once again leads the conversation to reduce stigma with Bell Let's Talk Day – a national campaign to help raise awareness about mental health across Canada.

So save the date and help make a difference in your community again in 2014.

For more information about the Bell Let's Talk mental health initiative visit bell.ca/letstalk

CMHA York Region

Support for Depression Meetings

An opportunity for individuals with depression to share experiences in a non-judgmental and supportive environment. Meetings in Aurora, Keswick, Markham, Newmarket and Richmond Hill.

Call 905 853 8477 or 1 866 208 5509 ext. 4227 for info

8th Educational Conference on Mental Health

Healthcare Conferences Canada Inc.

Mental Illness, Offending Behaviours & Criminal Justice Services

Keynote Address: "Dead Man Walking: Continuing the Journey of Justice, Love & Healing", Dr. Sr. Helen Prejean

Toronto Don Valley Hotel & Suites—October 17th

For information, please goto www.careconferences.com

10th Annual Mental Health Academic/Clinical Day

Southlake Hospital Department of Psychiatry and Mental Health Programs Presents

Mood Disorders Across the Life Span: Strategies for Recovery

Friday, November 1st, 8am to 4pm

Southlake Regional Health Centre, Lecture Hall, 6th Floor, Medical Arts Building, Newmarket

Registration Fee: \$175.00—includes continental breakfast, nutrition breaks, lunch, all sessions.

For more info, please contact Janet Giannini, Educator, Mental Health at 905 895 4521 ext. 2437 or email jgianni@southlakeregional.org

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Developmental Services News

Reena

Presents

Holocaust Education: The First Victims New Course for January 2014

This course will focus on the over 200,000 individuals with disabilities who were among the first victims targeted by the Nazi regime. The course will include a presentation and discussion around the atrocities that took place during this time in history and the affect it has had on the footprint of the world and our communities.

For more info, please goto www.reena.org

Autism Ontario—York Chapter Updates

Scotiabank Waterfront Marathon—Sunday, October 20th is the date for this charity challenge. Funds raised by Chapter teams will be allocated to those Chapters. Friends and families are welcome and encouraged to participate!

Parent Support Groups

Location: Loyal True Blue and Orange Home

11181 Yonge Street, Richmond Hill, ON

Meeting Room B13

2013 Dates: Sept. 10th, Oct. 15th, Nov. 12th, Dec. 3rd

Time: 7:00pm – 9:00pm

Please go to www.autismontario.com/york for info

Autism Spectrum Disorder Training

A wide range of free , professional and educational workshops available through Kerry's Place Autism Services. All ASD Training initiative focuses on increasing the knowledge and skills of respite workers, families and agency staff about Autism Spectrum Disorders and Respite Services.

Upcoming Workshops

Asperger Syndrome and Social Skills—**October 17th, Halton**

CHAP Support Worker Orientation—**October 26th, Durham**

Intro to Autism—CHAP Orientation—**October 28th, York**

Register at <https://secure.kerrysplace.org/respitetraining>

Kerry's Place Parents Support Group

Third Wednesday of every month, 7 to 9 pm

October 16th, next group

Community Room, 2700 Rutherford Road, Vaughan

Register at <https://kerrysplace.org/Public/Camps-and-Groups>

York Support Services Network is hosting

Resource Drop-In Days

NEWMARKET: Oct. 30th (11am to 7pm)

17565 Yonge St., Unit 5, Newmarket, ON

VAUGHAN: Oct. 15th (9am to 4pm)

9401 Jane St., 3rd Floor, Suite 14, Maple, ON

Resource Days are offered for parents, caregivers and professionals. YSSN Case Managers are on-site to assist and share information on available Developmental Services programs and services.

For more info contact 905 898 6455 Ext. 2574

Region of York Presents...

Making It Happen

A Symposium for creating lesbian, gay, bisexual, and transgendered culturally competent care in Long-Term Care Homes.

Thursday, October 17th, 8:30 am to 4 pm

Richmond Hill Golf and Country Club

The symposium will educate and inform on creating lesbian, gay, bisexual and transgendered (LGBT) culturally competent care and is recommended for: long-term care home front-line staff and administration, community agencies, and other health care providers.

Cost: \$90. Fee includes lunch, morning and afternoon refreshments and symposium materials.

If you have any questions, please contact Jennifer.Sequeira@york.ca or Jennifer.Blaik@york.ca

Central Opening Doors Conference on HIV/AIDS

Opening Doors to Positive Change

October 24—25

Hilton Garden Inn, Vaughan

Keynote Speaker: David Hoe

“Ways to Positive Change”

This two day conference will provide participants with an opportunity to participate in a series of workshops. The workshops are designed to provide current information to service providers from a variety of health care and social service agencies; people living with HIV/AIDS, caregivers and students.

To register, please visit www.openingdoorsconference.ca or contact Sean George @ seansince66@gmail.com or call 705 331 9883

Community Information

City of Vaughan

Fall & Winter Programs

A variety of engaging programs are offered at recreation facilities across Vaughan. From creative & performing arts and health & wellness, to lifestyle & social skills and sports, there's something for everyone.

Active Kidz (Ages 3 to 6 yrs.) • Ballet (Ages 4 to 6 yrs.) • C.H.A.L.K.'s Fitwall for Kids • Oodles & Doodles of Art (Ages 3 to 6 yrs.) • Skating : Mini Blades (Ages 3 to 5 yrs.) • C.H.A.L.K.'s KidsWall (Ages 4 to 6/7 to 11 yrs. Special Needs Participants)

For information about special needs programs or support, email specialneeds@vaughan.ca.

Family Services York Region

Upcoming Programs – Fall 2013

Parenting for Life • Triple P 1—12 • Triple P Teen • Farsi Positive Parenting • South Asian Triple P • Anger Management for Men • Encouraging Heroes Challenge of Anger for Women • LGBTTQ Groups Free To Be Me • Farsi Women's Support Group • Surviving Separation • South Asian Women's Support Groups • Expressive Arts Support Group • Child Anger Management & Parent Program • Teen Anger Awareness & Parenting Program • Family Transitions Triple P

For more information, please go to www.fsyr.ca

Events and Other Important Dates!

Alzheimer Society of York Region

First Link® Memory Café at Mosaic

Share your stories and socialize with others.

When: Last Tuesday of each month

Time: 2 to 3:30 pm

Where: Mosaic Home Care Services & Community Resource Centre, 2900 Steeles Avenue East, Suite 218, Thornhill

Who: Are you interested in memory related issues? Individuals who have been diagnosed with Early Alzheimer's disease and/or related dementias, their Care Partners as well as those who worry about memory problems

What: Socialization & Information Networking for Care Partners

Why: Being active physically, socially, and mentally is good for the brain.

To register, please call 905 597 7000 ext. 223

Newmarket Public Library

Adult Programs

Newmarket Public Library's Knitting Circle

Come out and learn the fundamentals of knitting. Work on a project on your own or with fellow knitters. All skill sets are welcome to attend.

Every Thursday

Newmarket Public Library's

Large Study Room

Admission: FREE

7 to 8:30 pm

For more information or to pre-register, please call 905 953 5110 ext. 4770.



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About YSSN

Established in 1982, York Support Services Network (YSSN) is a community-based social service agency that offers a comprehensive range of programs and services to support individuals and their families struggling with the challenges of a developmental disability or serious mental illness.

YSSN is a non-profit organization funded by the Ministry of Health and Long-Term Care, the Ministry of Community and Social Services and the Ministry of Children and Youth Services. There is no fee for our services.

"A Meaningful Life: Relationships, Community, Well-Being."